

**BU**#A

### Who We Are

Gold Rush is a high school boy's youth ultimate club team that travels around the country competing in different tournaments during the school year. The club was formed in 2018 to provide high-level opportunities for boys, and any youth who identify as male in high school, to experience ultimate in a new and positive way, and develop their skills, while fostering a strong sense of community. The coaches are mentors who coach the players with a growth mindset to become active and engaged individuals in the community.

### **Values**

Respect — Growth — Leadership — Community — Equity

# Objectives

We will work with players to help them achieve their personal goals within the team and within their respective high school programs. We will provide participants the opportunity to experiences high-level competition and interact with local college programs. We will mentor players in becoming proactive citizens and allies in our community by actively addressing issues of inequity in society.



### Program

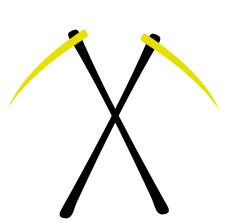
Gold Rush coaches are mentors who are dedicated to providing a safe and fun environment for learning and playing ultimate by:

- Providing opportunities for feedback and actively listening to the players' interests and needs,
- Respect and honor the players as people, in addition to them as athletes.

Players that are selected to join the traveling roster will have to pay a registration fee that covers coaches, fields, and insurance for the entire season. Players also will be responsible for paying their own travel expenses and additional tournament fees.

Scholarship and financial assistance are available; players may also request to break down dues into monthly payments.

# Fundraising



Players are also expected to participate in team fundraising activities. The team will organize and participate in team fundraising events - funds will be used to provide scholarship, subsidize team expenses, such as tournament fees and travel cost.

#### Roster

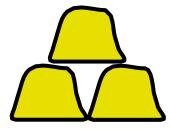
We will select up to 28 players, but not all players will attend all tournaments. Tournament rosters will be based on attendance and dedication to the team values.

## Players

Gold Rush is seeking for players who are:

- -looking to improve their skills,
- -looking for more opportunities to play ultimate,
- -willing to contribute to the solutions to inequity in our sport,
- -committed to travel with the team,
- -players between the ages 15 and 19.

# **Tryouts**



To participate in all Gold Rush events including tryouts, all players will need to complete the registration form and pay the tryout fee of \$15.

Tryouts will be held: OCTOBER 8th and 15th

For tryouts just bring your cleats, and your own snacks and water bottle. **Reversible** pinnies will be provided.

Attending both days of tryouts is <u>highly</u> <u>encouraged</u> as it is a part of the Gold Rush experience.

If you can only make one or none of the tryouts you must contact BUYA to let us know about your situation.



#### **Practices**

The team will practice <u>one to two times per month</u> on weekends from November to March. Practice locations are expected to rotate between the East Bay, the peninsula and South Bay.

#### **Tournaments**

Once the roster is selected, the team will determine the tournaments they want to attend. While this year's potential tournaments have not yet been determined, we have previously attended:

Grape Escape (Sonoma, CA)
Sean Ryan (Santa Cruz, CA)
Santa Barbara Qualifiers (Santa Barbara, CA)
Stanford Open (Stevinson, CA)
Seven Hills (Seattle, WA)

Between tournaments and practices, the team will have one-time scrimmages with local colleges men's teams, after which the team (and parents) can visit the campus to explore local college opportunities. These scrimmages will also provide additional playing and growth opportunities for players.

#### Coaches

Manisha 'Slap' Daryani has been the coach of Gold Rush since its inception in 2018. She previously coached at the college level for seven years, as head coach of the UC Davis and UC Berkeley women's teams. Slap, a UCSD alum, also currently coaches in the club and semi-pro divisions.





Elijah "Eli" Kerns is also in his fourth year working with Gold Rush. In the inaugural Gold Rush season he served as an assistant coach and has since joined on as a co-coach. He previously served as head coach for the UC Davis men's team in addition to helping run local youth clinics throughout the Bay Area.

Caleb has played Ultimate since he was in 10th grade, through college at Cal Poly and for several club teams. His previous coaching experience comes at Cal Poly where he coached officially from 2019-2021, though he continues to work in a grumpy uncle advisory role. This is his third year coaching youth in the Bay, working with both Gold Rush and Red Dawn.



### Testimonials,

From the hard-working players to the extremely knowledgeable coaches Gold Rush was undoubtedly the most competitive and gratifying ultimate experience I've ever had.

The coaches pushed us hard, kept us focused, and made the team supportive and fun. Playing on a team with friends (and high school opponents) was weird at first, but it quickly became the best part of my experience. Nothing is more fun than building chemistry with teammates on Gold Rush and then matching up against them during the HS season.

I learned an extraordinary amount of new ultimate skills from Gold Rush and I feel so ready for college ultimate.

- Oliver van Linder -

Gold Rush was one of the best experiences that I have had playing ultimate. Even though the players came from different schools, we were able to come together as a team. I really enjoyed working with the coaches, both were amazing and helped me develop my ultimate skills. They worked us hard, but we had a lot of fun.

Boys should try out for the team because you get to meet, play, and bond with some of the best high school ultimate players in Northern California and you get the opportunity to test your skills against college teams.

- Ben Roberts -

### Contact

For questions about the program, please contact us at <a href="mailto:club@bayultimateyouth.org">club@bayultimateyouth.org</a>

https://www.bayultimateyouth.org/

