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### Who We Are

Gold Rush is a boys' youth ultimate club team comprised of high school players from schools around the Bay Area that travels around the country (mostly the West Coast) competing in different tournaments during the school year. The club was formed in 2018 to provide high-level opportunities for boys, and any youth who prefer to compete in the boys division, to experience ultimate in a new and positive way, and develop their skills, while fostering a strong sense of community. The coaches are mentors who coach the players with a growth mindset to become active and engaged participants in their own futures.

## Values

Respect — Growth — Leadership — Community — Equity

# Objectives

We will work with players to help them achieve their personal goals within the team and within their respective high school programs. We will provide participants access to **high-level competition** and interaction with local college programs in order to broaden their horizons of where the sport might take them. We will mentor players in becoming proactive leaders and allies in our community by actively addressing issues of inequity in society. At our core, we strive to provide positive opportunities to grow as players and individuals in unexpected ways.

## Program

Gold Rush coaches are mentors who are dedicated to providing a **safe** and **fun** environment for learning and playing ultimate by:

- Providing opportunities for feedback and actively listening to the players' interests and needs
- Respect and honor the players as people, in addition to them as athletes.
- Help expand players understandings of their own ceilings

Players that are selected to join the traveling roster will be asked to pay a \$325 registration fee that covers coaches, fields, and insurance for the entire season. Players also will be responsible for paying their own travel expenses and additional tournament fees. Scholarship and financial assistance are available; players may also request to break down dues into monthly payments.

# Fundraising

Players are also expected to participate in team fundraising activities. The team will organize and participate in team fundraising events - funds will be used to provide scholarship, subsidize team expenses, such as tournament fees and travel cost.

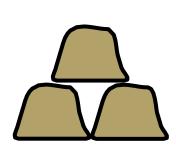
### Roster

We will select up to 26 players, but not all players will attend all tournaments. Tournament rosters will be based on attendance and dedication to the team values.

## **Players**

Gold Rush is seeking for players who are:

- looking to improve their skills,
- looking for more opportunities to play ultimate,
- willing to contribute to the solutions to inequity in our sport,
- committed to travel with the team,
- players between the ages 16 and 19.



## **Tryouts**

To participate in all Gold Rush events including tryouts, all players must, at a minimum, have an **affiliate** membership with <u>USA Ultimate</u>

Tryouts will be held: September 29 and

#### October 5

For tryouts just bring your cleats, and your own snacks and water bottle. Reversible pinnies will be provided.

Attending both days of tryouts is <u>highly</u> <u>encouraged</u> as it is a part of the Gold Rush experience.

If you can only make one or none of the tryouts you must contact BUYA to let us know about your situation.





### **Practices**

The team will practice <u>one to two times per</u> <u>month</u> on weekends from November to March. Practice locations are expected to rotate between the East Bay, the peninsula and South Bay.

### **Tournaments**

Once the roster is selected, the team will determine the tournaments they want to attend, usually 3-4. While this year's potential tournaments have not yet been determined, we have previously attended:

Grape Escape (Sonoma, CA)
Sean Ryan (Santa Cruz, CA)
Santa Barbara Qualifiers (Santa Barbara, CA)
Pres Day Qualifiers (San Luis Obispo, CA)
Stanford Open (Stevinson, CA)
Seven Hills (Seattle, WA)
Davis Ultimate Invite (Davis, CA)

Between tournaments and practices, the team may have one-time scrimmages with local colleges men's teams, after which the team (and parents) can visit the campus to explore local college opportunities. These scrimmages will also provide additional playing and growth opportunities for players as well as exposure to what playing might look like at the university level.

### Coaches

Manisha 'Slap' Daryani has been the coach of Gold Rush since its inception in 2018. She previously coached at the college level for seven years, has coached in the club division, and currently also coaches in the semi-pro divisions.

On the National level, Slap was named a selector for the 2019 U24 Mixed National roster and won gold as a U20 Women's National Assistant Coach in 2022.





Elijah "Eli" Kerns is also in his fifth year working with Gold Rush. In the inaugural Gold Rush season he served as an assistant coach and has since joined on as a co-coach. He previously served as head coach for the UC Davis men's team in addition to helping run local youth clinics throughout the Bay Area.

Caleb has played Ultimate since he was in 10th grade, through college at Cal Poly and for several club teams. His previous coaching experience comes at Cal Poly where he coached officially from 2019-2021, though he continues to work in a grumpy uncle advisory role. This is Caleb's fourth year with Gold Rush..



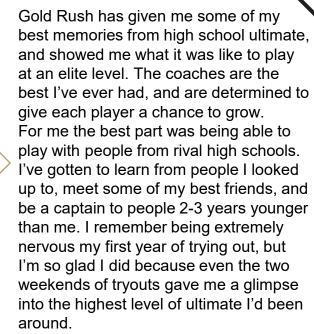
# Testimonials,

When Gold Rush was established back in 2018, I jumped at the opportunity to practice with the best players from across the Bay Area all year round, not just at YCCs.

I was immediately struck by the quality of coaching---it was clear that these club champions could distill their excellence to help us grow. It was a blast to be pushed out of my comfort zone competing against athletic college athletes, preparing me for the next level of the sport.

Most of all, I enjoyed getting a chance to build community with my high school opponents, knowing that they had my back even during spring league's most heated moments.

- Leo Gordon -



Eli, Slap and Caleb are all fantastic people and have prepared me for ultimate and life after high school.

Cole Mires -

### Accolades

We don't take credit for the successes of our alumni, but we are proud of our community and want to recognize the acclaim the Bay Area youth community has built for itself in recent years. In addition to all the amazing work our Alumni put back into their communities, our Alumni have also:

- Won "Freshman of the Year" in college
- Won "Breakout Player of the Year" in college
  - Won College Nationals
  - Been invited to U20 Team USA tryouts
    - Made U20 Team USA
  - Been invited to U24 Team USA Tryouts
    - Made U24 Team USA
    - Attended Club Nationals
      - Made Pro Rosters

Respect — Growth — Leadership — Community — Equity

## Contact

For questions about the program, please contact us at <a href="mailto:club@bayultimateyouth.org/">club@bayultimateyouth.org/</a>
<a href="mailto:https://www.bayultimateyouth.org/">https://www.bayultimateyouth.org/</a>

